Pentland State School hosted the Dalrymple Cluster Small Schools Athletics carnival on August 7th, with over 60 students from our cluster attending. There were some astonishing performances by the students on the day, in both track and field events. The student’s enthusiastic efforts and their displays of excellent sportsmanship were exceptional. Well done everyone! A massive thank you to everyone who helped out, before, during and after the day. Cheers!
Reading Improvement

I am very excited to announce that all of our students have made exceptional improvements in reading this term. We are particularly proud of our prep students, who have made significant improvements since the beginning of the year.

Professional Development

On Wednesday 9th September, Miss James and myself travelled to Richmond Hill State School, to spend a day in the prep classrooms. The teachers at Richmond Hill SS are implementing a new spelling program called Speech Sound Pics (SSP) and are having amazing results, not only in prep, but throughout the early years and those students in upper grades that struggle with spelling. The Pentland SS staff will be trained in SSP next term and have time to play around with it in the classroom throughout term 4, with full implementation in 2016 across all year levels. If you are interested in learning about SSP, come along to our next P&C meeting for further information. The staff are continuously looking for ways to enhance student outcomes and we are looking forward to seeing some improvements in spelling next year!

NAPLAN Reports

Students in years 3 and 5 received their NAPLAN reports in the last couple of weeks. I am very pleased with some of their results. Some students achieved in the top 20% of the state, which is fantastic to see! The NAPLAN reports provide teachers with important information on students’ abilities and any gaps for future teaching and learning. It also compares our students to like schools, the state and national averages.

Have a lovely holiday, and we will see you next term!

Yours in learning

Laura Peagham
Week 8 already! We have had a jam packed term – here are some highlights:

- Welcoming another six children into our classroom!
- Dressing up like celebrities for Year 3-6 Media.
Now I am a Pop Star, breaking all the boys hearts.
• Creating a photo story of a loved one for P-2 Media.
Writing humorous poetry and limericks in English.

Bulls called Mat are often fat,
but bulls called Tom they be the bomb.
Fowls called Billy are often silly,
but fowls called Jim they be slim.

Teddy Bear, Teddy Bear,
Do your pose
Teddy Bear, Teddy Bear,
Water your garden with your hose.
Teddy Bear, Teddy Bear,
did you catch a rat?
Teddy Bear, Teddy Bear,
give it to the cat.
Teddy Bear, Teddy Bear,
are you a vet?
Teddy Bear, Teddy Bear,
can you take care of my pet?

Althea Gr 1

Beach

The beach has white golden sand.
It is my favourite kind of land.
The beach has crystal clear water,
every day the water is getting shorter.

I met someone called big butt Brad,
and he was going mad.
He was screaming and yelling,
ping, pong, polilo, pelling.

A crab bit his toe,
he was bouncing like a yo yo.
Goodbye big butt Brad,
go somewhere else and be mad.

Chelsea
Grade 3

P.S.S. Anthem

From our 100 year old building,
to our newest of the library.

Founded in 1885;
Learning every day in every way!
We’ve made it through the hard and roughest of times.

It stormed and flooded,
but we’ve made it through and formed a trust.
The drought won’t hurt us so don’t make a fuss.

We’ve embarrassed our rivals on the field,
maybe they’ve realised it’s time to pay!

Rowen
Grade 5

Alien

There once was an alien called Nelty.
He lived on an old jelty.
Nelty had a hole in his head,
the deep hole was red.
Nelty eats people’s big bad brains,
he fries them in grains.

Bodhi
Grade 5

Lost Fiddle

There was a lovely old granny,
her granddaughter called her nanny.
When nanny died,
she cried and cried and cried.

She went to the hospital,
to find nanny’s lost fiddle.
When she was walking down the hallway,
she heard “dum diddle day”
She fell asleep on a bed
and looked like she was dead.

Elma
Grade 4
• Designing the perfect sandwich for a friend in P-2 Technology.

• Designing a useful and attractive bag in 3-6 Technology.
- Learning the Macarena dance and performing at the cent sale.

- Playing Basketball with Clive every Wednesday morning.

Term 3 has been a lot of fun! Bring on term 4!!
21.08.15
Angela is awesome. She completes all her work without complaining.
Bradleigh is awesome. He does great work in maths.
Chelsea is awesome. She shows excellent behaviour and effort at school.

27.08.15
Rowen is awesome. He made our new student welcome.
Bradleigh is awesome. He created a great rhyming poem.

04.09.15
Althea is awesome. She always displays excellent behaviour.
Rowen is awesome. He showed excellence in writing a school anthem.
Bodhi is awesome. He showed a great improvement in reading.

Calendar of Events
- 18th Sept / 6th Oct - HOLIDAYS!
- 19th Oct – Pupil free day
- 29th/30th – Sleep over & Cluster Swimming - Greenvale

SCHOOL RULES
Be Safe
Be Respectful
Be an Active Learner.
Homestead students joined us for a fun filled day on the 12th of August, which began with an hour of musical extravaganza. The students learned a lot about brass instruments; how they worked and the sounds they produced. Everyone loved listening to the brass band; even a few locals heard the music and came for a look.
Fire Visit

On Wednesday the 19th of September, Pentland State School had a visit from the Queensland Fire and Rescue Education Officer for North Queensland. He spoke to the children about fire safety, what to do in case of emergency and natural disaster. The children were then lucky enough the check out the rural fire truck, thanks to Mr Don Perks (our all-rounder). They all had a chance to use the fire hose as well! It was a very important and educational experience for all students.

Aboriginal for a day

Last week we had an ‘Aboriginal for a day’ experience! Homestead State School students joined Pentland students for the day to enjoy this special event. The students learnt traditional dances and songs, how to create Aboriginal art and listened to a number of exciting dreamtime stories. The boys were engaging and well cultured and our students had a fantastic day. We hope that the boys will be back in the future for another visit!!
Recently we had a visit from the Bravehearts Lady and her friend Ditto the Lion.

They were here to give the students some strategies to keep them safe.

They had a few basic rules and some guidelines and songs to help students to be as safe as possible.

**Rule 1** - We all have the right to feel SAFE with people!

We have 'Yes' feelings that make us feel happy, excited, fun and safe and we have 'No' feelings that make us feel sad, scared, yucky and unsafe. 'No' feelings can give us warning signs like goose bumps, crying, butterflies, wobbly knees, fast heartbeat and more.

**Rule 2** - It's OK to say 'No' if you feel unsafe or unsure!

If you get the 'No' feelings, you should say 'No', and then run and tell someone. You should also run and tell someone if anyone wants to touch or see your private parts, because "Private Parts are for me, they're for no one else to touch and no one else to see". Your private parts are your mouth, your chest, between your legs and your bottom. Sometimes a doctor or your parents might need to touch or see your private parts **but only if you feel safe**. Also, there's no secret you can't tell someone.

**Rule 3** - Nothing is so yucky that you can't tell someone about it!

If you had a 'No' feeling and felt unsafe, some of the people you could talk to are:

- Family members like parents, grandparents, uncles, aunties or siblings.
- School staff, like teachers, principal, office lady or chaplain.
- Other people like Bravehearts, Kids Helpline, Police or your friends Mum or Dad.

Tell someone you trust. If that person doesn't listen, you might need to tell someone else. Make sure you tell people until someone listens properly.

If you have a look at the activity book that came home, you will see the 'Private Parts' song (to the tune of *Three Blind Mice*) and the 'Run and Tell' song (I didn't recognise the tune) as well as a bit more information for each of the rules (though not much more as I've covered most of it here).

You may want to use it as a basis to have a discussion with your students at home, reinforce the message and help them to decide who some of their 'safe people' might be, remembering that they may not always feel comfortable to tell their own parents (think back to your childhood and whether there might have been some things that you would rather talk to someone other than your parents about).
Congratulations

Pentland State School
1st September, 2015

Congratulations on taking a proactive approach to personal safety. Your students have been empowered with the skills and knowledge to stay safe by participating in the:

Bravehearts
"Ditto’s Keep Safe Adventure" Program

Bravehearts
Educate Empower Protect Our Kids
1800 272 831
education@bravehearts.org.au
Community Sports Day

Last Friday, Pentland State School hosted a community sports day. Children from Homestead, Prairie and Pentland joined together for a fun filled day of sports. Coaches from far and wide came to teach children in the finer points of football, tennis, basketball, athletics and cricket. The children showed exemplary behaviour and sportsmanship on the day and a great time was had by young and old alike. A big thank you to the P&C for their delicious catering on the day. Friends, laughter and a full belly was a welcome break from testing.
STOP, THINK, DO

Social Skills and Well-Being Program

Over the last few weeks, the students have been taught to think about cool, weak and aggro options for solving problems with others. We have been exploring different social problems, and how they are solved by STOPPING and THINKING about options and possible consequences, before acting. We have been using cool, weak and aggro to help evaluate options and consequences. The students can appreciate that the cool generally leads to more acceptable consequences. We explored the following social situation and brainstormed cool, weak and aggro actions.

Scenario

Lucy and Sally are playing in the sandpit. Lucy is building a spaceship in the sand, using a bucket and spade. Both girls are laughing and having fun. Sally starts to be silly and knocks over Lucy’s spaceship. Some sand gets in Lucy’s eyes.

Here are our ideas!
rebuild the Castle
Walk away
leave them alone
make new friends
say sorry
Ignore
don't play with her
shake hands
Tell a teacher
forget about it
Tell her to stop
Once upon a time...

Why reading is important

Reading aloud and sharing stories with your child is a good way to spend time together and help your child’s development. Reading with your child from when they are young gives them positive messages about learning to read.

Why read to your child

Stories help children develop

Sharing stories, talking and singing every day, helps your child’s development by letting them become familiar with sounds, words, language and the value of books. This activity builds your child’s early literacy skills, helping them to go on to read successfully later in life.

Stories develop a child’s imagination

Reading stories sparks your child’s imagination and stimulates curiosity. Interesting illustrations and word patterns, such as rhymes, can get your child talking about what they are seeing and thinking, and help them understand the patterns of language. Exploring stories also helps them learn the difference between ‘real’ and ‘make-believe’.

Stories help children cope with feelings

Reading or telling stories can be a safe way to explore strong emotions, which can help your child understand new or frightening events. For example, books about going to the dentist or hospital or starting at child care will help your child learn about the world around them.

Storytelling and songs

Telling stories and singing songs also helps your child develop early literacy skills and have a lot of fun with words.

Consider making up your own stories or sharing family stories. Your child will learn words and develop language skills from shared songs, stories and conversations.

Tips for reading and storytelling

- Read to your children every day, even for a few minutes. Bedtime is a good time.
- Take your children to the library for story-telling sessions and to choose books to borrow.
- Find picture books that don’t have words and make up the story together.
- Be guided by your child about books they like, and read their favourite parts over and over again. Stop when they want to stop, skip the bits they want to skip. Avoid reading stories they don’t like.
- Try out a range of different books and stories.
- After a scary bit in a story, stop and let your children talk about it.
- Pay attention to detail in the book, for example, point out the time on the clock in a picture.
- If you have more than one child, read or tell stories that they all like, for example stories about your childhood. Make time to read to each child individually.
- Talk to your children about the things you read, such as the newspaper, so they can see that reading is important to you.
- When your child reads out words on signs or food packets, tell them you are proud of their reading.

What to read

Young children often enjoy books and stories that have good rhyme, rhythm and repetition. You can also vary the things you read.
Children like stories with happy endings and often enjoy the ending they have been looking forward to, rather than surprise endings.

- Stories that explore the unhappy and angry feelings, as well as good feelings are important. For example, try a book about a child moving house and feeling a bit worried, as well as excited about it.
- Children enjoy a bit of trickery, humour, jumbled words and people getting into trouble – as long as they can see through it.
- Children relate best to stories about things they know, such as characters their own age.
- Magazines, instruction manuals and TV guides can all be interesting and engaging for young children.

Library 2 U
Visits Pentland

Where:
Bushies Hut

When:
Monday 21 Sep 2015

Time:
9:30 – 12:00

Bookings:
4761 5580

- Tensile Bubbles
- Bubblewrap Prints
- Scratch Board Art
Playgroup Postings

Playgroup for term 3 has been a great time for parents and students.

We had the pleasure of Jeannie and Bernie’s company for 7 weeks while Clive was doing the basketball with the students. This was a bonus for us, as they spent the mornings doing neck massages, relaxation exercises, positive parenting strategies and hand massages with the adults, while the children were occupied with their craft and fun activities. At the end of the 7 weeks, all the adults were presented with a care package of very usable goodies. It was a wonderful opportunity for us all to have access to such talented ladies. What can we do to follow this up in term four? Watch this space!!!
We have had a really great term of e Kindy in term 3. We have had many different lessons, with some involving our emotions our special friends and their likes and dislikes, our families and pets, and our bodies and how they grow, and learning to play with our friends. We had a lot of fun putting these things together and learning more as we went each week. Our parents and pets also learned some things about themselves from the perspective of a child, which was sometimes quite interesting.

Miss Geneveive came to visit in the last week, as well as the e kindy kids from our SDE group. We thought they weren’t going to leave!! We had a really wonderful day together and hope we will be able to organize another visit from them all next term.
24 Frames

Recently I heard a song playing on the ABC radio called 24 Frames. In the chorus Jason Isbell sings

"You thought God was an architect, now you know
He's something like a pipe bomb ready to blow
And everything you built that's all for show goes up in flames
In 24 frames"

When Isbell was asked about these lines he said

"I felt like that was the most insightful line in the song. It’s about having control and assuming that you have control over the things that go on in your life … and you know, you really don’t..."

So Isbell wasn't really talking about God, just how everything can seem under control and then in a second (24 frames of movie film) everything can explode out of control.

It made me think about how people view God though. Many people want God to be a cross between Santa Claus and a Bondi lifesaver, always loving and nice and rescuing everybody from the problems that we create.

I can't count the number of times I've heard people say "How can a loving God allow such suffering in the world."

There are several layers I could answer this on, but I think the simplest answer comes from the good book. It tells us that God gave us free will to choose how we live, not to be His robots. Free will is meaningless unless we have the choice to disobey God as well as to obey Him. We chose to disobey Him and we continue to do so today. Much of the 'suffering' that people complain about is man-made and much of it could be avoided by choosing to follow the 'Manufacturer's Handbook of the one who made us. The rest of the suffering is lasting effects from our original disobedience.

God is an architect; He is not a pipe bomb. So often we are the pipe bombs, tearing our own worlds apart in 24 frames.

The good news is that He didn't let us wreck everything and forever separate ourselves from the good plan He has for us. He gave us the way to get back to Him and it isn't by following an impossible set of rules.

If this answer doesn't satisfy you, I am willing to discuss other aspects of the issue with you. Feel free to talk to me at any time.

Chappy Jarvis
### Steak with mushroom ragout & polenta

**Ingredients**
- ¾ cup instant polenta
- 20g butter, chopped
- ¼ cup parmesan, grated
- 1 tbsp oil
- 4 x 2002 rump steaks
- 30g butter
- 250g brown mushrooms
- 1 cup beef stock
- 2 tsp wholegrain mustard
- A few sprigs of thyme
- 2 tbsp cream

**Method**

Bring 3 ½ cups water to boil in a large saucepan. Gradually add polenta in a slow stream, stirring constantly. Reduce heat to low and cook, stirring occasionally, for 15 mins, until polenta comes away from sides of pan. Remove from heat and stir through butter and parmesan, until smooth and creamy.

Meanwhile, brush oil over steak and season well. Heat a large frying pan on high. Cook steak for 2-3 mins each side for rare, or until cooked to your liking. Remove from pan, cover loosely with foil and rest for 10 mins;

Melt butter in same pan on medium heat. Cook brown mushrooms, stirring to scrape off any cooked-on pieces, for 2-3 mins, until golden. Add stock, mustard and thyme and simmer for 5 mins, until reduced by half. Stir through cream; Spoon polenta onto 4 serving plates.

Serve with beef and mushroom ragout generously spooned over Polenta is ground yellow cornmeal and is a staple of northern Italy. A wonderful alternative to mashed potato.

### Chocolate Chip and Macadamia Cupcake

**Ingredients**
- 120g butter, softened
- 120g sugar
- 40g brown sugar
- 1 egg
- 2 yolks
- 10ml vanilla extract
- 240g self-raising flour
- 100g milk
- 100g choc chips
- 100g macadamia nuts, roughly chopped
- 230g coconut oil
- 90g choc chips

**Method**

For Chocolate Chip and Macadamia Cupcake

Place butter and white and brown sugar in the bowl of an electric mixer and beat until creamy. Add egg, egg yolks and vanilla and beat to combine. Add flour, alternating with the milk and beat until well combined. Add chocolate chips and macadamia nuts and fold to combine.

Transfer mixture to a piping bag. Pipe mixture into a disposable paper cup or a microwave suitable cup about 1/3 full. Place cup in the microwave and microwave on high for 40 seconds.

For Iced Magique

Place coconut oil in a microwave safe bowl and place in the microwave to heat. Remove from microwave, add choc chips and stir to combine. Transfer to a squeeze bottle and serve over ice cream.
Did you hear about the guy whose whole left side was cut off?
He’s all right now.

Did you hear about the actor who broke through the floorboards?
He was just going through a stage.

How do you paint a rabbit purple?
With purple hare spray!

Q: What kind of button won’t unbutton?
A: A bellybutton!

Q: What did the triangle say to the circle?
A: You’re pointless!

Q: Why do sea-gulls fly over the sea?
A: Because if they flew over the bay they would be bagels!

Q: What dog keeps the best time?
A: A watch dog.

What is a cow without a map?
Udderly lost!

He didn’t tell his mother that he ate some glue.
His lips were sealed.
CELEBRATE disability action week

Sunday 13th Sep – Saturday 19th Sep 2015

FAMILY FUN DAY
Centenary Park • 10:30am - 3:30pm
Drumming Workshop
Held by Alex Salvador
Face Painting • Jumping Castle • Pottery
Leather Craft • Fridge Magnet Painting
Looming & Jewellery Making
Animal Farm • Pony Rides
Food & drinks available for purchase from The Mens Shed

ALL ACTIVITIES FREE

FREE ALL ABILITIES ACTIVITIES
PCYC Complex Enterprise Rd, Charters Towers • 3:30pm - 5pm
Join us for a fun time for all ages with afternoon tea.

For all enquiries please call Trish
0429 969 239
Charters Towers Regional Council is conducting a bulk rubbish collection in the townships of Balfes Creek, Homestead & Pentland on Wednesday, 21 October 2015.

These items will not be collected:
- Household Rubbish (food scraps) etc.
- Hazardous, flammable or combustible materials (including empty drums)
- Anything that is too heavy to be safely lifted by two (2) people
- Green Waste
- Asbestos
- Gas Cylinders
- Fire Extinguishers
- Tyres
- Batteries
- Liquid Waste

Examples of acceptable waste are:
- Furniture and household items
- Building materials (roofing iron etc)
- Unwanted yard items etc.

PLEASE DO:
✓ Make sure items can be lifted by two people
✓ Place your rubbish in a pile outside your property – Not on the road or across your driveway
✓ Put your rubbish out just prior to the pre-arranged collection day
✓ Check the list of prohibited items – collectors will leave all prohibited items behind

PLEASE DON’T:
✗ Leave rubbish out for long periods
✗ Put your rubbish out on the wrong day – rubbish put out after the collection day can not be collected
✗ Leave prohibited items out for collection – they will not be taken
✗ Leave your normal domestic rubbish (put it in your wheelie bin)

Enquiries:
Mic Langburne
Environmental Services Manager
(07) 4761 5529